



Bord Oideachais & Oiliúna  
**LUIMNIGH & AN CHLÁIR**  
**LIMERICK & CLARE**  
Education & Training Board



## RAHEEN WOOD COMMUNITY NATIONAL SCHOOL NEWSLETTER 21<sup>ST</sup> MARCH 2024

**Kindergarten Easter Festival**

**Class 3 / 4 Play *'Joseph the Dreamteller'***

**Class 5 / 6 Easter Bake Sale**

**Easter Holidays (school closes 12pm on Friday 22<sup>nd</sup> March) Monday 25<sup>th</sup> March to Friday 5<sup>th</sup> April 2024**

**School re-opens for Summer Term**

**Early closure 12pm for staff training**

**Half Term Break:**

**June Bank Holiday**

**Last day of school**

**Thursday 21<sup>st</sup> March**

**Thursday March 21<sup>st</sup> 6.30pm**

**Thursday 21<sup>st</sup> March**

**Monday 25<sup>th</sup> March to Friday 5<sup>th</sup> April 2024**

**Monday April 8<sup>th</sup> 2024**

**Wednesday 10<sup>th</sup> April 12pm close**

**Monday 6<sup>th</sup> to Friday 10<sup>th</sup> May 2024**

**Monday 3<sup>rd</sup> June**

**Thursday 27<sup>th</sup> June 2024**

**Summer holidays begin on Friday 28<sup>th</sup> June 2024**

### **Verse of the Week**

From deep in my heart this world I love –  
The green, green hills and the mountains above,  
The sea so blue and the sunlight gold,  
And everything that I behold.

And I become stronger as I grow,  
For all of God's Angels are with me I know.  
Angels of water, fire, earth and air,  
Always stay by me. This is my prayer.

From - *In the Light of a Child*,  
Michael Hedley Burton



*An Easter Tree for the Easter Festival in  
Kindergarten*

### **Easter Holidays**

The school will close at 12pm tomorrow 22<sup>nd</sup> March for the Easter Holidays. Buses will collect as usual on the day. We hope everybody has an enjoyable break. School re-opens on Monday 8<sup>th</sup> April.

### **Advance Notice of half day closure**

The school will close at 12pm on Wednesday April 10<sup>th</sup> for staff training. Buses will collect as normal.

### **Easter Festival, 'Caifé na Coille' & Seachtain na Gaeilge Festivities**

Thank you to the very many of you who came to the school last week to visit the Seachtain na Gaeilge caifé and attend the Easter Festival. It was a lovely day of celebration, social mingling and treats!

Class 3 / 4 are very grateful for your support.

### **Class 3 / 4 Play:**

Good luck to Class 3 / 4 who will perform their play "*Joseph the Dreamteller*" for the parents this evening at 6.30pm.

### **Craft Group Donation:**

A huge thank you to the Craft Group who have donated the amazing amount of €900 to the school this week – from the Easter stall last week and other sales since January 2024. There was also some money raised through card sales at the stall – the total of the Easter stall sale was an incredible €774.40.

Thanks so much for all the hard work you do for the school and all the beautiful items you produce!

### **Upcoming half day closure**

The school will close at 12pm on Wednesday April 10<sup>th</sup> for staff training. Buses will collect as normal.

### **School Fundraising Update**

The total amount of fundraising to date is €36,974 with €27,839 from parental voluntary contributions and €9,135 from other fundraising endeavours. This figure is 51.4% of the total needed this year - €72,000 – for the non-state-funded extra, Steiner elements of the school which make it so special. March is looking like being a good month for donations and fundraising but your help is still needed over the next few months if we are to reach the target for the year.

Account name: LCETB Raheen Wood

Account Number: 06757324

Sort Code: 93-54-76

IBAN: IE89 AIBK 9354 7606 7573 24

Swift: AIBKIE2D

Please put family name on all lodgements

### **School Calendar 2024 / 2025**

Next year's school calendar is attached with the Newsletter

### **Some recent activities from the classes....**







*Active Schools World Book Day Challenges*



*Baking Bread*



*Sand Delivery*





*Sand cake!*



*A helping hand...*



*Forest Swings*








## Notices Concert April 6th


# THE HAMMOND'S

## SING LEONARD COHEN



Support act Cabaret Card  
&  
Special guests


APRIL 6TH · FEAKLE COMMUNITY HAL · DOORS / CAFE AT 7PM GIG 8PM



Fundraiser for Raheen Wood National School  
Scan QR to reserve ticket  
Donations on Door

## Soothing Sunday Health and Wellness Day

@irishaerialcc are holding a really nice wellness day for parents, teens, adults and students. April 7








## Soothing Sundays

Health & Wellness Day

A soothing day to relax and centre the mind and body before the school & work rush after the Easter break.

Corbally, Limerick










For adults, parents, teens & students

[iaacc.ie/booking](https://iaacc.ie/booking)

Sunday April 7, 2024  
10 am to 5 pm  
Half or full day option available

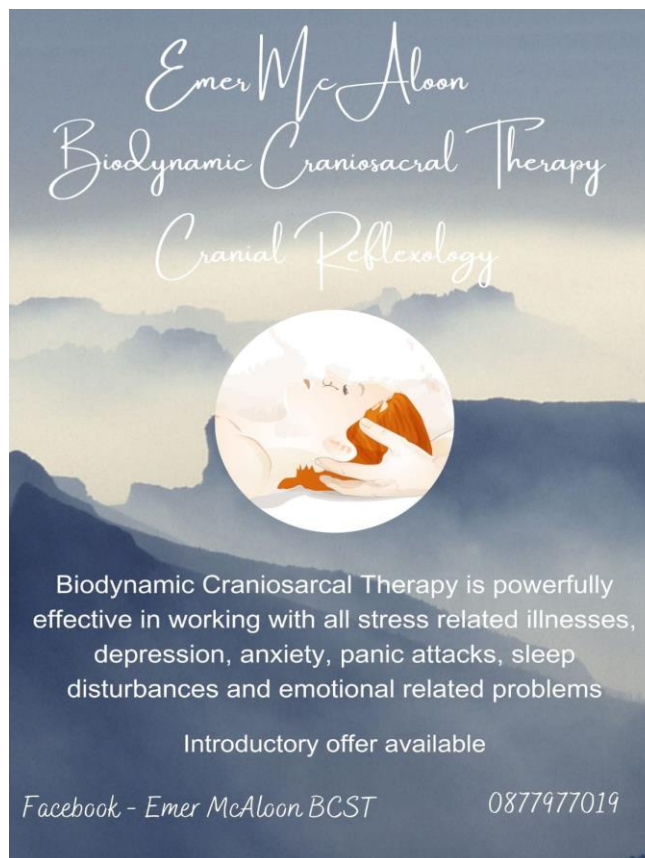
Irish Aerial Creation Centre, Gillogue, Corbally, V94 EYK6  
email: info@iaacc.ie

 **BOOK HERE**

@bethany\_khayes  
@mindfulmoments.ie  
@marcela\_mara  
@vayuaerialyoga  
@lecheilehealthandfitness

## **Biodynamic Craniosacral Therapy**



Emer McAloon  
Biodynamic Craniosacral Therapy  
Cranial Reflexology

Biodynamic Craniosacral Therapy is powerfully effective in working with all stress related illnesses, depression, anxiety, panic attacks, sleep disturbances and emotional related problems

Introductory offer available

Facebook - Emer McAloon BCST 0877977019

## **Communication Playgroups**



Helping you and your child to communicate

COMMUNICATION  
PLAYGROUPS

Playgroups for 0-5 year olds and their parent/carer

Playgroups run by an experienced Speech & Language Therapist  
(IASLT & CORU Registered)

Is your child a late talker?  
Would you like to help your child communicate more effectively?  
Come and join us to learn more.

For more information contact Stephanie on:  
086-8788 537  
communicationplaygroups@gmail.com

## **Core elements of Steiner Education Taster Day**

We are delighted to let you know that we are having a taster day on Saturday 25th May 2024, for our Core Elements of Steiner Education Course, flyer below.

As well as being a taster day for the course, it is a good stand-alone introduction to Steiner Education or just an enjoyable, informative day out as a treat to oneself. Quality refreshments and lunch included.

Core Elements of Steiner Education is an introductory course suitable for anyone with an interest in Steiner Education, parents, teachers, support staff, school board and committee members, homeschoolers, individuals interested in becoming a Steiner teacher.

Core Elements of Steiner Education covers the developmental picture of the child from 0-21 years and reveals how the Steiner Waldorf curriculum can meet the child on that developmental continuum through archetypal themes and activities that address the whole unfolding human being through head, heart and hands.

While the main focus of the course is primary education, (which in Ireland is 4-12 yrs), we adapt the course according to who is taking part and can offer specific focus on early years and/or teenage years, as well as chosen aspects of the curriculum in more detail, through the mentoring groups that are part of the course.

For more information or to book a place on the taster day, please email [swim.cpd.training@gmail.com](mailto:swim.cpd.training@gmail.com)



## EDUCATION FOR OUR TIME



### Taster Day for 'Core Elements of Steiner Education' on 25th May 2024

Introduction, child development, games, arts,  
drama, singing, story, Q&A. Taster day or just  
treat yourself to a fun, informative day out.

**Cost €60** including quality Lunch and refreshments.  
€50 fee reduction for those who go on to do the course.

Part Time Course commencing Autumn  
2023 in Tuamgraney, Co Clare.



For more information contact

[swim.cpd.training@gmail.com](mailto:swim.cpd.training@gmail.com)

or see

[www.steinerwaldorfireland.eu](http://www.steinerwaldorfireland.eu)

### Caravan for Sale

Hobby Excellent 5 berth caravan for  
sale all mod con working, model no  
540UK.

€4,750 ono Call Henry 086 6091990  
for more details.

### Car for Sale

2011 Insignia: 5 door hatchback.  
Diesel 2.0L. 333,000km. Full service  
history and well maintained. Timing  
belt, water pump done recently. New  
clutch and flywheel done 3 years ago.  
Running well. Taxed up to April 24,  
NCT up to August 24.

€4000 or nearest offer  
Contact 086 8295078

If you wish to submit articles or  
adverts please note that the next  
**deadline is Friday 12<sup>th</sup> April**

The Newsletter is published by e-mail  
once a fortnight.

There is a small charge in advance  
for any adverts making money

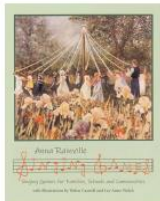


## Literacy, Movement & Art

Anna Rainville

and

Daniel Ospina



You can attend either or both of the Topics.

#### Literacy & Movement led by Anna Rainville -

Mon Afternoon 1st April- 2-5.30pm - Tues-Fri Mornings 2nd-5th April 9am-1pm

Focus is on Class 4 and upwards-rhythmic work, literacy & all aspects of building  
grammar, language crafting & flow, choreographing a lesson

**Cost to attend Literacy & Movement only = €250** (does not include meals)

#### Art led by Daniel Ospina -

Tues, Weds, Thurs Afternoons 2-5.30pm April 2nd, 3rd, 4th. Includes  
Beeswax & Clay modelling, Form Drawing, Drawing & Painting - Veil Painting

**Cost to attend Art only = €150** (does not include meals)

#### Cost to attend both - Literacy, Movement & Art = €350

(incl Lunch on Tues, Wends, Thurs & Supper on Mon, Tues, Wends, Thurs)

**Dates** are Mon 1st April 2pm to Friday 5th April 1pm

**Times** are 2-5.30pm Mon, 9am-5.30pm Tues-Thurs - 9am-1pm Friday

**Venue** - Alfa Steiner Secondary School - Tuamgraney, Co Clare. V94 RW32

To book, please contact [swim.cpd.training@gmail.com](mailto:swim.cpd.training@gmail.com) as soon as possible.  
Places are limited and will be allocated on a first come basis.

SWIM - Steiner CPD & Teacher Training

Steiner Waldorf Inir measc - Steiner Waldorf In our midst  
[www.steinerwaldorfireland.eu](http://www.steinerwaldorfireland.eu)

