



## **Swimming Lessons Policy**

The school has regard to both the physical and mental development of each of its pupils. Believing that a healthy body promotes a healthy mind, the school, where possible, arranges for a course of swimming instruction during the school year. Attendance at this course fulfils the Aquatics Module of the PE Curriculum for the class levels attending, as laid down by the Department of Education.

Should a child be unable to attend the course, due to ill health or any other reason, he/she will remain in the school. Parents must send in a note if their child is not going swimming. The child will be assigned work by their class teacher and supervised by another teacher who is staying at the school.

All children attending the swimming lessons should wear easy to manage clothes and shoes i.e. tracksuit or similar, sandals or other easily managed shoes. Swimming costumes should be worn under clothes coming to school. Each child should have a suitable bag to carry his/her swimming gear - a sports bag or similar with secure zip or other fastening. Children must not bring spray deodorants etc. All items brought to the pool should be clearly labelled with the child's name. This includes the bag, clothes, socks, underwear and shoes. Each child must have their own togs, towel, hair brush, goggles and swim cap, all of which must also be marked.

The school books the pool for a suitable time, bearing in mind the school calendar of events.

All drivers and adult helpers must be Garda Vetted by the school. All seatbelts must work and all children and adults must wear seatbelts. As per the school Health and Safety Document for class trips, all drivers must provide insurance and tax details to the school in advance of their driving children to and from the pool.

While in the pool, pupils must obey the instructor's instructions at all times and comply with the school's Code of Behaviour.

Children will change in the male and female changing rooms at the pool. After their swim, children will just rinse, dress and go. Children must be able to change themselves. If pupils are unable to change themselves, a parent/assigned SNA must go to the pool to assist in changing their child (or arrange for a family member / guardian). There will be two Garda vetted male adults supervising the boys in the male changing rooms and two female Garda vetted female adults supervising the girls in the female changing rooms.

While children are changing in the cubicles / changing area, one adult stays at the exit point and as children finish changing they go and line up beside that adult. When all children are lined up and counted, one adult stays behind to do a final check of the changing area.

Parents are asked, via class reps to assist with supervision and driving.

Ratified by the Board of Management on 25/06/2024

Signature: Alan Tuohy

Principal Teacher

Date: 25/06/2024

Signature: Pearse O' Shiel

Chairperson, Board of Management

Date: 25/06/2024